

Would you like to be a part of shaping the health of our Community?

Community Health Board (CHB) members are Volunteers living in our area with an interest in the health of their community .

CHB members vary by backgrounds, ages, skills and interests.

CHB members understand that health is affected by things like education, employment, social environments.

CHB members understand the need to work with many community partners to keep people healthy.

CHB members understand that we need to keep people healthy rather than simply treat illness

[Changing Our Picture of Health.](#)

CHB members are supported by NSHA.

Volunteers receive orientation to the roles and responsibilities. Experience in healthcare is not necessary.

Our members help create a Healthy Community by:

Learning about the current health status of their community.

[Community Health Profile](#)

Learning about the [Population Health](#) approach to Healthy Communities and the [Social Determinants of Health.](#)

Representing their community by actively participating in [Community Health Planning](#)

Encouraging community members to participate in AVH Health Planning.

Sharing their knowledge and experience of Community Health Board mandates.

Evaluating applications for Wellness Funds [WF](#) from groups with plans to improve the health of the community based on the [Community Health Plan.](#)

Reporting annually on their activities and plans for the future.



*Kingston / Greenwood
Community Health Board*

**Kingston/Greenwood
Community
Health Board
462 Main St. Box 730
Middleton NS B0S 1P0**

**902-825-6160 ext 1762357
kgchb@nshealth.ca**

Some helpful resources to read:

[CHB's in AVDHA](#)

[Changing Our Picture of Health](#)

[Social Determinants of Health](#)

[Health Authorities Act](#)

**Contact the KGCHB office for
more information on becoming a
member or partner:**

902-825-6160 Ext 1762357

kgchb@nshealth.ca

www.annapolisvalleyhealth.ca/chb

What does a CHB do?

A CHB's duties are detailed in the
Health Authorities Act (Bill 1) .
[Roles and Responsibilities](#)

Present a snapshot of the community,
including the good things and the
problems (Health Status Reports).
[Community Health Profile](#)

Help link community members with
community, health and social services by
promoting the use of resources such as
[211](#) and [811 Telecare](#).

Create a health plan based on what the
community feels is important..
[Community Health Plan](#)

Select community groups to receive
Wellness Funds based on specific
criteria improving the health of the
community. [WF](#)

Nominate individuals from the community
to the District Health Authority Board
(DHA). [DHA Board Nominations](#)

**Our Health Priorities
(2015)**

Physical Activity & Healthy Eating

Preventing Chronic Disease

Mental Wellness

Health Services



Our Community

Our community is the Kingston/
Greenwood area. "765" or "242"
exchange