

# ANNAPOLIS VALLEY BEREAVEMENT & LOSS SUPPORT GROUPS

## General (all types of loss):

### Kentville

“Friends in Bereavement”

1<sup>st</sup> & 3<sup>rd</sup> Tuesday of month

2:00 – 4:00pm

Kentville Baptist Church

Downstairs Parlour

Contact: Jennifer Longley – 681-8239

### New Minas

“GriefShare®” (based on  
Christian video seminar series)

New Minas Baptist Church

Contact: Edie Peterson 542-5080

### Annapolis Royal

“Friends in Bereavement”

2<sup>nd</sup> and 4<sup>th</sup> Tuesday of month

2:00 – 4:00pm

St. Louis Catholic Church,

St. George St.

Contacts: Jennifer Longley  
681-8239

Carol Ward (VON) - 665-4804

### Middleton

“Friends in Bereavement”

2<sup>nd</sup> and 4<sup>th</sup> Tuesday of month

10:00am – 12:00noon

United Church, 206 Main St.

Contacts: Jennifer Longley  
681-8239

Carol Ward (VON) - 665-4804

### Wolfville

“Healing After Loss”

(self-help style, member driven support group)

Wednesdays, 6:00 – 9:00pm

EKM Health Centre,

Contact: Gary Connolly – 681-0715

## Specific Types of Loss:

***Loss of son or daughter due to accident,  
suicide or illness:***

### Kentville

“M.U.M” – Mothers United in Memory

(self-help style, member driven support group)

2<sup>nd</sup> and 4<sup>th</sup> Sunday of month @ 3-5pm

\*Time changes to 7-9 pm, when Daylight Saving ends\*

2nd Sunday - loss of son or daughter,

4th Sunday - loss to suicide

Kentville Baptist Church

Contact: Mary Bent - 678-1345

### ***Pregnancy and Infant Loss:***

### Kentville

“A Circle of Friends”

2<sup>nd</sup> Monday of month @ 7:30 pm

Valley Regional Hospital,

Ambulatory Care – Level 2

Contacts: Public Health:

Joy (WKM) 538-3700

Diana (EKM) 542-6310 or

Coordinating Chaplain (VRH)

679-2657 x 2252

### ***Separated Men:***

### Kentville

MARS (Men Are Recently Separated)

Wednesdays, 3:30 – 4:30 pm

Valley Regional Hospital

Contact: Derek Vernest - 679-2657 x 2001



Feb. 2006